

突破生命中的盲点

——以耶弗他为鉴

Overcoming Blind Spots in Life: A Lesson from Jephthah

士师记 Judges 11:1-11, 29-36; 12:1-6



你看到了幾張臉？

- A、1張
- B、2張
- C、3張
- D、4張



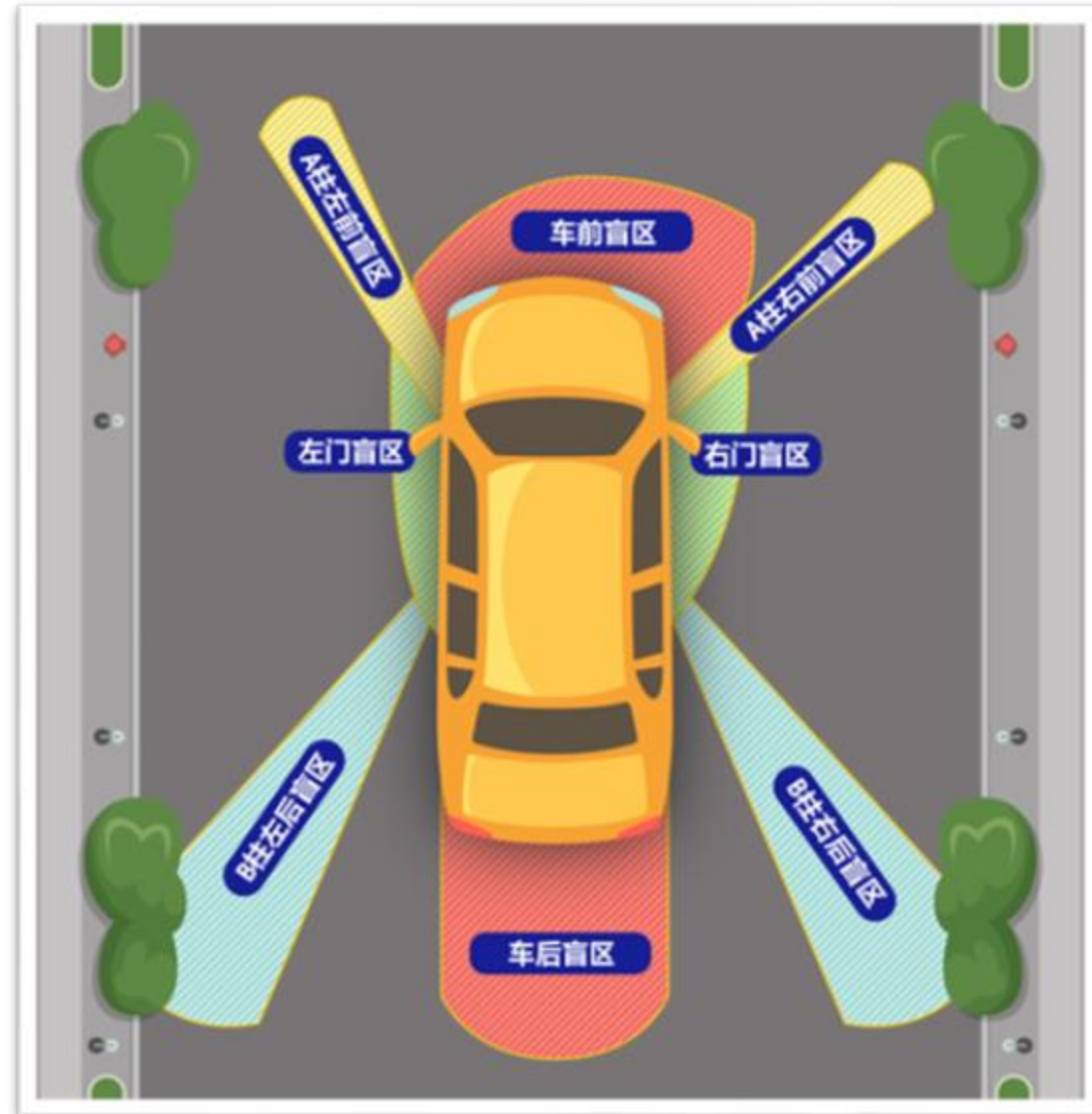
耶弗他

JEPHTHAH



一、什么是生命中的盲点？ What Are the Blind Spots in Life?

1. 盲点的定义 Definition of a Blind Spot



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1. 盲点的定义 Definition of a Blind Spot

- 我们生命中的盲点，也会在我们疏忽时带来危险。
- 生命中的盲点不是偶然产生的，而是多种因素交织而成的，往往深埋在我们内心深处。
- 盲点是指我们内心、行为或思想中我们自己无法看到或意识到的部分。
- The blind spots in our lives can bring danger when we overlook them.
- These blind spots aren't formed by chance but rather through a mix of various factors, often buried deep within us.
- A blind spot refers to those parts of our inner self, behaviors, or thoughts that we are unable to see or recognize on our own.

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- 这些部分往往影响我们的决定和行动，但我们却未必能察觉或理解。
- 在我们成长的过程中，盲点逐渐累积并隐藏于无形之中，使得我们难以发现和察觉。
- These aspects often influence our decisions and actions, yet we may not be aware of or fully understand them.
- As we grow, these blind spots accumulate and blend into the background, making them challenging to notice or detect.

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黑暗面：

- 盲点常常隐藏着我们内心的黑暗面——那些未被神光照、未被我们自己承认的错误信念、价值观或情绪。
- 盲点可能源于过往的伤害、成长中的误解，甚至是自我保护的防御机制。
- Blind spots often conceal the darker sides of our inner selves—those mistaken beliefs, values, or emotions that haven't been illuminated by God's light or acknowledged by us.
- These blind spots may stem from past wounds, misunderstandings during growth, or even self-protective defense mechanisms.

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无法察觉的部分：

- 藏在我们生活的每一个角落，深深植根于我们的性格、情感反应、思想模式中。
- 我们的价值观和信念，往往深受成长环境、文化背景以及外界影响的塑造。当这些信念与神的真理不一致时，就可能成为属灵盲点。
- Hidden in every corner of our lives, blind spots are deeply rooted in our character, emotional responses, and thought patterns.
- Our values and beliefs are often shaped by our upbringing, cultural background, and external influences. When these beliefs are not aligned with God's truth, they can become spiritual blind spots.

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对他人也不可可见：

- 属灵盲点往往存在于我们对神的理解、对他人的关系、对环境的反应中，直到某个时刻它们才可能被揭示出来。
- Spiritual blind spots often exist in our understanding of God, our relationships with others, and our reactions to our surroundings. They may remain hidden until a particular moment brings them to light.

一、什么是生命中的盲点？ What Are the Blind Spots in Life?

2. 盲点的影响 The Impact of Blind Spots

- 属灵生活的退步 Decline in Spiritual Life



- 关系的破裂 Broken Relationships



- 情绪的失控 Loss of Emotional Control

二、耶弗他的盲点——成功后的危机 Jephthah's Blind Spot: The Crisis After Success

1. 成功往往带来盲点的暴露 Success Often Brings the Exposure of Blind Spots

11:1-3

- 1 基列人耶弗他是个大能的勇士，是妓女的儿子。耶弗他是基列所生的。 2 基列的妻也生了几个儿子，他妻所生的儿子长大了，就赶逐耶弗他，说：“你不可在我们父家承受产业，因为你是妓女的儿子。” 3 耶弗他就逃避他的弟兄，去住在陀伯地，有些匪徒到他那里聚集，与他一同出入。
- 1 Jephthah the Gileadite was a mighty warrior. His father was Gilead; his mother was a prostitute. 2 Gilead's wife also bore him sons, and when they were grown up, they drove Jephthah away. "You are not going to get any inheritance in our family," they said, "because you are the son of another woman." 3 So Jephthah fled from his brothers and settled in the land of Tob, where a gang of scoundrels gathered around him and followed him.

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1. 成功往往带来盲点的暴露 Success Often Brings the Exposure of Blind Spots

11:4-6

- 4 过了些日子，亚扪人攻打以色列。 5 亚扪人攻打以色列的时候，基列的长老到陀伯地去，要叫耶弗他回来， 6 对耶弗他说：“请你来做我们的元帅，我们好与亚扪人争战。”
- 4 Some time later, when the Ammonites were fighting against Israel, 5 the elders of Gilead went to get Jephthah from the land of Tob. 6 “Come,” they said, “be our commander, so we can fight the Ammonites.”

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2. 耶弗他的两个主要盲点 Jephthah's Two Main Blind Spots

盲点1：轻率的誓言：用错误的方式向神献祭（11:30-31）

Blind Spot 1: Rash Vow – Offering a Sacrifice to God in the Wrong Way

- 30 耶弗他就向耶和华许愿，说：“你若将亚扪人交在我手中，
31 我从亚扪人那里平平安安回来的时候，**无论什么人，先从我家门出来迎接我，就必归你，我也必将他献上为燔祭。**”
- 30 And Jephthah made a vow to the Lord: “If you give the Ammonites into my hands, 31 **whatever comes out of the door of my house to meet me when I return in triumph from the Ammonites will be the Lord’s, and I will sacrifice it as a burnt offering.**”

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11:34-35



- 34 耶弗他回米斯巴到了自己的家，不料，他女儿拿着鼓跳舞出来迎接他，是他独生的，此外无儿无女。35 耶弗他看见她，就撕裂衣服，说：“哀哉！我的女儿啊，你使我甚是愁苦，叫我作难了！因为我已向耶和华开口许愿，不能挽回。”

- 34 When Jephthah returned to his home in Mizpah, who should come out to meet him but his daughter, dancing to the sound of timbrels! She was an only child. Except for her he had neither son nor daughter. 35 When he saw her, he tore his clothes and cried, “Oh no, my daughter! You have brought me down and I am devastated. I have made a vow to the Lord that I cannot break.”

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- 耶弗他的盲点之一是对神的律法缺乏深入理解。
- 耶弗他的誓言反映了他内心未被更新的信仰模式。他用世俗的方式——类似于外邦人的献祭——来讨神的喜悦。
- One of Jephthah's blind spots was his lack of a deep understanding of God's law.
- His vow reflected an unrenewed belief system in his heart. He sought to please God in a worldly manner—similar to the sacrifices of the pagan nations—rather than according to God's prescribed ways.

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- 根据摩西律法，神并不要求以人作为燔祭（申18:10）。
- 神对耶弗他的要求并非血祭，而是信心和顺服。
- According to the Mosaic Law, God did not require human sacrifice as a burnt offering (Deuteronomy 18:10).
- What God required from Jephthah was not a blood sacrifice, but faith and obedience.

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- 人若不照真理事奉，只凭着自己的满腔热情、爱心或正义感，也会成为一个鲁莽「耶弗他」，给自己和家人都带来伤害。
- If a person serves God without following His truth, relying solely on their own zeal, love, or sense of justice, they may become a reckless "Jephthah," causing harm to themselves and their families.

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- 我们需要认清自己信仰中的盲点，避免落入律法主义和表面敬虔的陷阱。
- We need to recognize the blind spots in our faith and avoid falling into the traps of legalism and superficial piety.

The purposes of a man's heart
are deep waters, but a man of
understanding draws them out.
| - Proverbs 20:5

箴言 20:5 CUVS

人心怀藏谋略，好像深水，惟明哲人
才能汲引出来。

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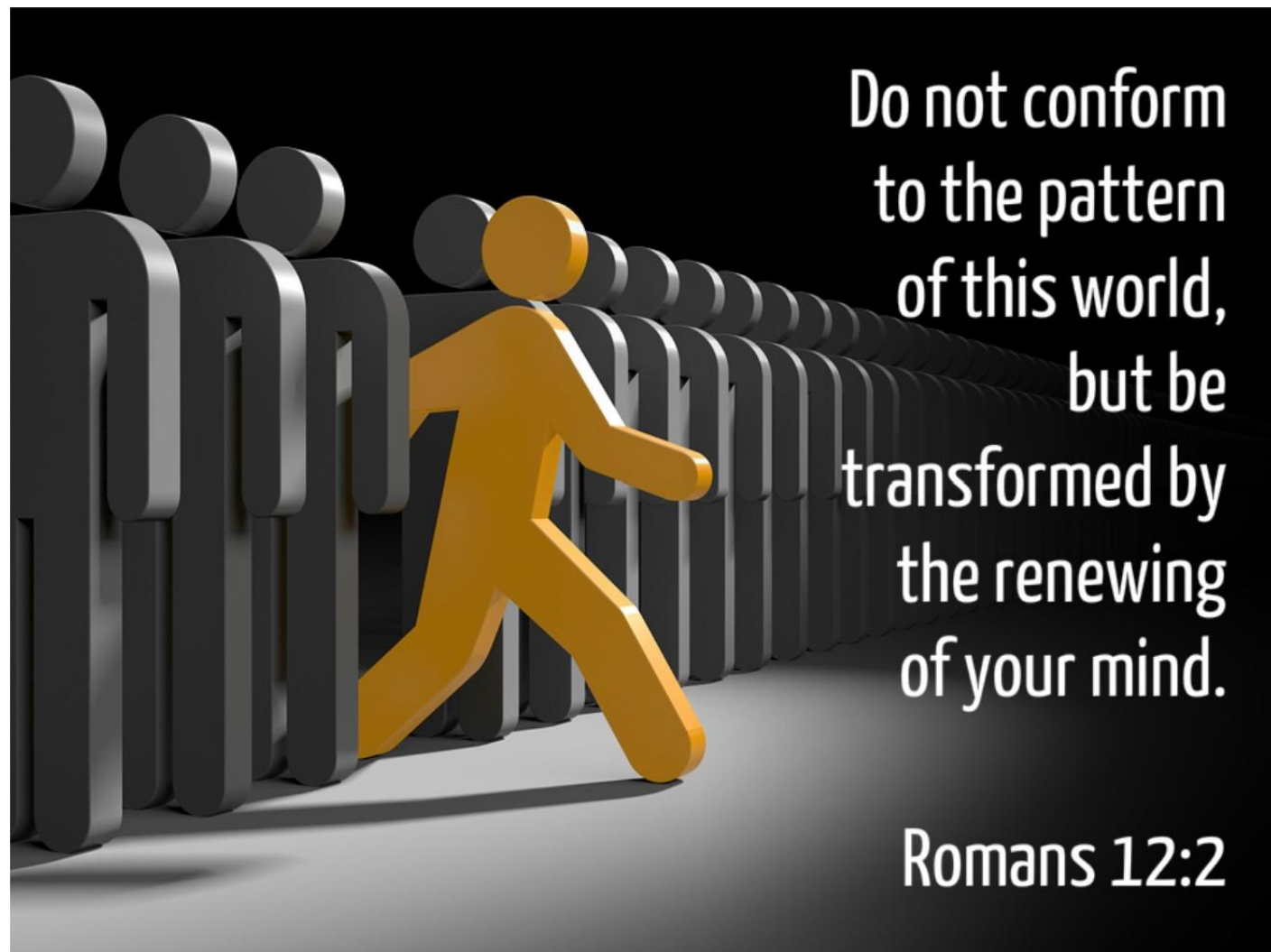
Blind Spot 1: Rash Vow – Offering a Sacrifice to God in the Wrong Way



不要效法这个世界，
只要心意更新而变化，
叫你们察验何为
神的善良、纯
全、可喜悦的旨意。

~ 罗马书12:2

@PrimoBibleVerses



Do not conform
to the pattern
of this world,
but be
transformed by
the renewing
of your mind.

Romans 12:2


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- 盲点会让我们误解神的心意，错误地以为靠“交易”就能赢得神的祝福。而神真正所喜悦的，是我们的顺服和真心，而非盲目的许愿和仪式。
- Blind spots can lead us to misunderstand God's will, falsely believing that we can earn His blessings through "bargaining." What God truly delights in is our obedience and sincerity, not blind vows or rituals.

A background of vertical wooden planks in various shades of brown, from dark to light, with visible wood grain and knots.

To do what is
right and just
is more acceptable to the Lord
than sacrifice.

Proverbs 21:3 NIV

An aerial view of a dense forest with trees in vibrant autumn colors, including shades of orange, red, and yellow.

**行仁义公平比献祭更蒙耶
和华悦纳。**

箴言 21:3 CUVS



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盲点2：失控的怒气：与以法莲支派的冲突（12:1-6）

Blind Spot 2: Uncontrolled Anger – The Conflict with the Ephraimites

- 4 于是，耶弗他招聚基列人，与以法莲人争战。
- 4 Jephthah then called together the men of Gilead and fought against Ephraim.
- 6 那时，以法莲人被杀的有四万二千人。
- 6 Forty-two thousand Ephraimites were killed at that time.

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- 当面对批评时，耶弗他没有选择和平的方式，而是凭着一股怒火回应。
- When faced with criticism, Jephthah chose not to respond peacefully but reacted out of anger.

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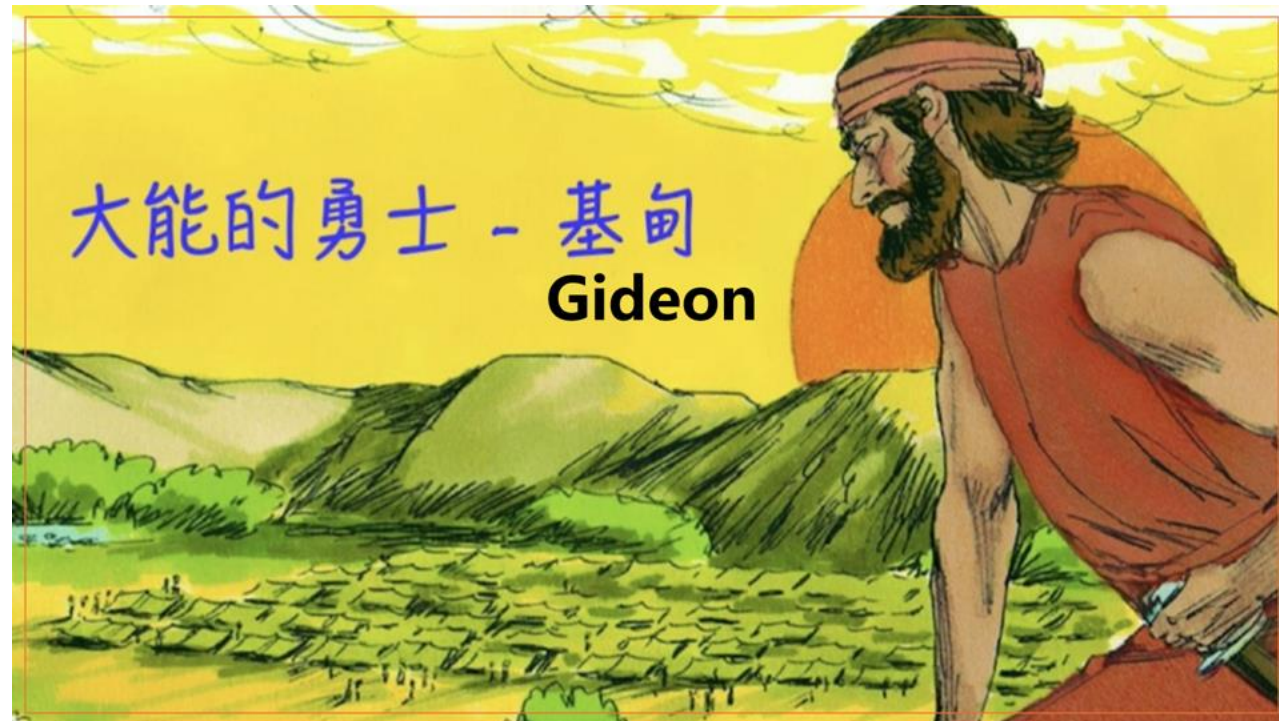
- 耶弗他的情绪反应表明他内心的骄傲和愤怒失控。
- Jephthah's emotional response revealed uncontrolled pride and anger within him.
- 这反映出他生命中未被治愈的伤口。
- This reflected unhealed wounds in his life.

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Blind Spot 2: Uncontrolled Anger – The Conflict with the Ephraimites

- **我们需要正视自己内心的伤口，寻求神的医治。**
- **We need to face our inner wounds and seek healing from God.**

若有人在基督里，他就是新造的人。
旧事已过，都变成新的了。

Therefore, if anyone is in Christ, he is a new creation;
the old has gone, the new has come!



哥林多后书 2 Corinthians 5:17

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Blind Spot 2: Uncontrolled Anger – The Conflict with the Ephraimites

- 虽然我们不能改变过去，但可以在基督里得着医治和更新，摆脱过去的阴影。**
- Though we cannot change the past, we can find healing and renewal in Christ, breaking free from the shadows of the past.**

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Blind Spot 2: Uncontrolled Anger – The Conflict with the Ephraimites

- 如果我们没有完全交托给神，而是选择压抑或忽略这些伤痛，那么这些未被治愈的伤口将影响我们的情感和行为反应。**
- If we don't fully surrender these hurts to God but instead choose to suppress or ignore them, these unhealed wounds will affect our emotions and reactions.**

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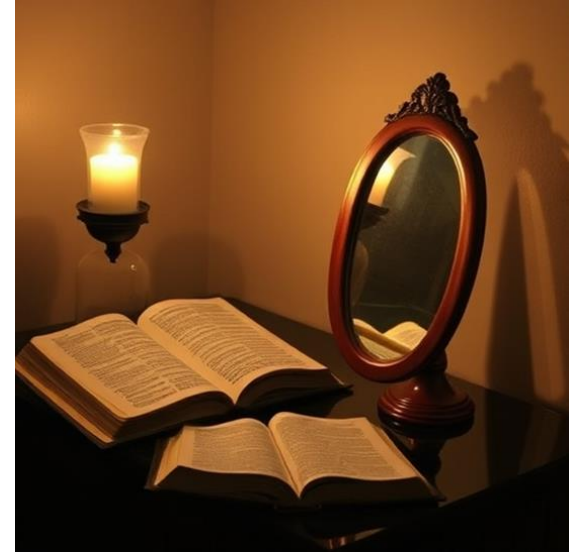
Blind Spot 2: Uncontrolled Anger – The Conflict with the Ephraimites

- 这种隐藏的痛苦有时会导致我们做出不合神心意的反应，甚至影响到我们与他人的关系。**
- This hidden pain can sometimes lead us to respond in ways that are not aligned with God's will and may even impact our relationships with others.**

三、盲点突破之道 Path to Overcoming Blind Spots

1) 借着神的话语，照亮盲点

Illuminate Blind Spots Through God's Word



2) 接受来自属灵同伴的提醒与劝勉 Accept Reminders and Encouragement from Spiritual Companions



三、盲点突破之道 Path to Overcoming Blind Spots

3) 不断在祷告中寻求神的带领 Continually Seek God's Guidance in Prayer



4) 在属灵操练中成长 Grow through Spiritual Disciplines

结论 Conclusion

- 耶弗他的一生提醒我们，生命中的盲点不仅来自于过去的伤痛、错误的信念或骄傲，也常在成功后显现，带来危机和破坏性影响。
- Jephthah's life reminds us that blind spots in our lives not only stem from past hurts, false beliefs, or pride, but often emerge after success, bringing crisis and destructive consequences.
- 盲点并不是我们故意忽视的，而是因着内心的黑暗、错误的价值观和未被治愈的伤痛而无意中产生的。
- Blind spots are not things we deliberately ignore, but rather arise unintentionally due to inner darkness, false values, and unhealed wounds.

结论 Conclusion

- **盲点是我们生命中的软弱之处，但在神的恩典中，这些软弱不是不可改变的。盲点虽然可能带来生命中的危机，但神并未放弃我们。**
- **Blind spots are areas of weakness in our lives, but by God's grace, these weaknesses are not unchangeable. While blind spots may bring crises in our lives, God has not given up on us.**
- **神愿意引导我们、改变我们，使我们从盲点中被释放，过一个更讨祂喜悦的生活。**
- **God desires to guide and transform us, freeing us from our blind spots, so that we can live a life that is more pleasing to Him.**

结论 Conclusion

- **今天我们不需要靠自己的力量去对抗盲点，唯有靠近神、谦卑寻求祂的带领，把生命交在神的手中，允许祂来光照和塑造我们。**
- **Today, we do not need to fight against our blind spots with our own strength. We must draw near to God, humbly seek His guidance, surrender our lives into His hands, and allow Him to illuminate and shape us.**

结论 Conclusion

- **当我们在祷告、读经、属灵同伴的支持以及属灵操练中不断成长，神会逐渐治愈我们的盲点，使我们活得更丰盛，更有基督的样式。**
- **As we grow through prayer, Bible reading, the support of spiritual companions, and spiritual disciplines, God will gradually heal our blind spots, enabling us to live more abundantly and reflect more of Christ's likeness.**

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自我反思 Self-reflection 士师记 Judges 11:1-11, 29-36; 12:1-6

1. 是否有过自己未察觉的习惯、性格或信念，后来因他人的提醒或神的光照才意识到？
2. 你认为我们日常生活中会在哪些方面可能对神的心意产生误解？有什么方法可以帮助我们更清楚地明白神的旨意？
3. 耶弗他在面对以法莲支派的质疑时选择了愤怒回应。你是否也曾在压力或争执中让愤怒主导了你的反应？
4. 盲点形成的原因各不相同，可能来自过去的伤痛、错误的信念或骄傲等。哪种成因对你来说最具挑战性？你认为如何靠着神的帮助突破和成长？

1. Have you experienced blind spots in your life? Have there been habits, character traits, or beliefs you were unaware of until someone pointed them out or God revealed them to you?
2. In what areas of our daily lives might we also misinterpret God's will? What are some ways we can better understand God's purpose for us?
3. When Jephthah faced the challenge from the Ephraimites, he responded with anger. Have you ever reacted in anger during a time of pressure or conflict? Looking back on such situations, what do you think you could improve?
4. Blind spots can form for various reasons, such as past hurts, wrong beliefs, or pride. Which of these causes is most challenging for you? How do you think you can overcome and grow in these areas with God's help?