

她不只是“妈妈” ——她是神所爱的女子

More Than a Mother

— She is a Woman Loved by God

箴言 Proverbs 31:28–30

提摩太后书 2 Timothy 1:5

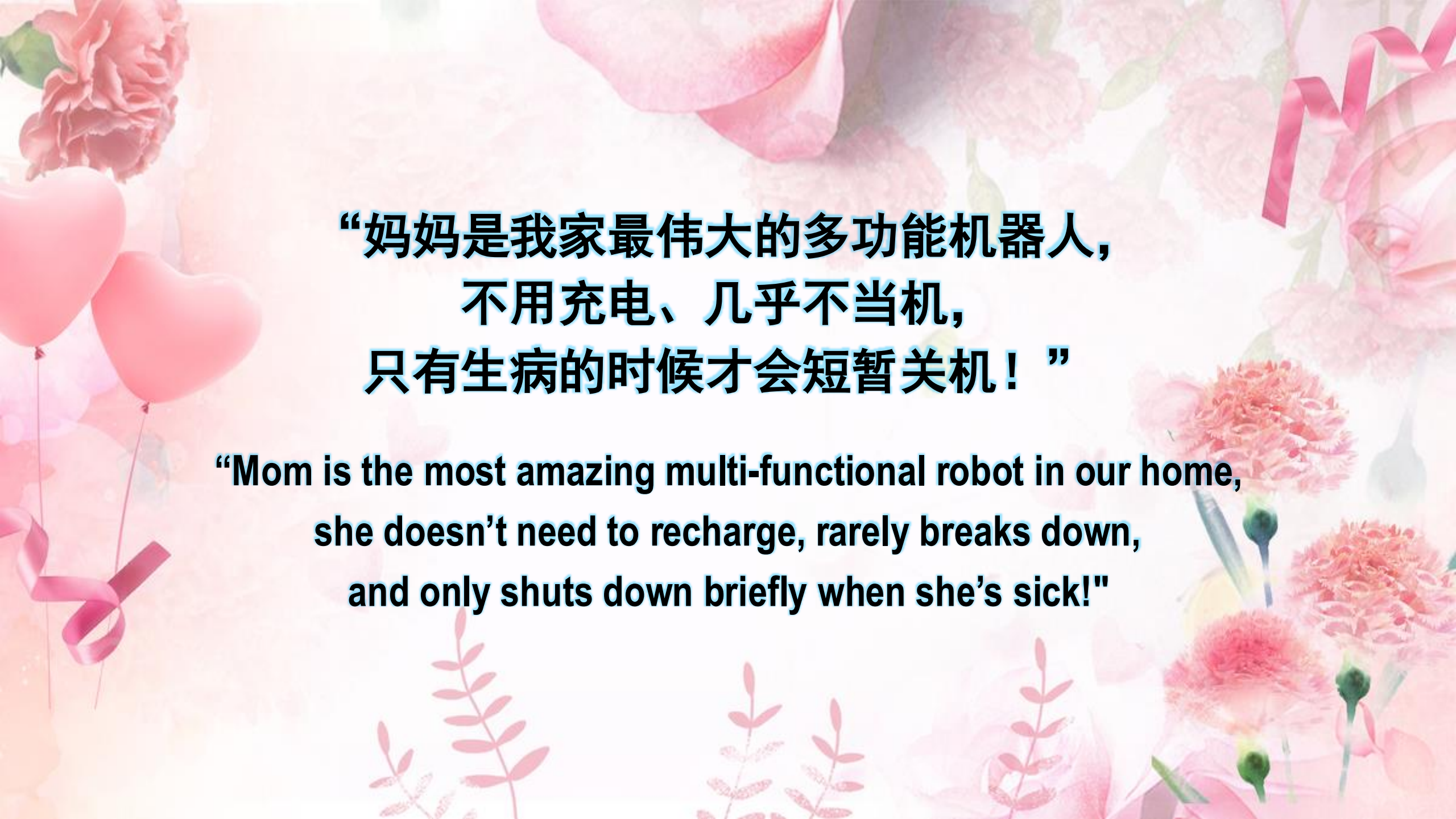
约翰福音 John 19:26–27



♥ HAPPY ♥
Mother's
♥ DAY ♥
♥







**“妈妈是我家最伟大的多功能机器人，
不用充电、几乎不当机，
只有生病的时候才会短暂关机！”**

**“Mom is the most amazing multi-functional robot in our home,
she doesn't need to recharge, rarely breaks down,
and only shuts down briefly when she's sick!”**

**“很多妈妈的“休息日”，是她生病那几天；
很多妈妈的“奖励”，就是看到家人开心。”**

**For many mothers, their only “day off” is when they’re sick.
And their greatest “reward” is simply seeing their family happy.**



一、她是一位神所看重的女人，不只是“做家务的人”

She Is a Woman Valued by God, Not Just a Housekeeper

妈妈的身份：“功能性角色” A Mother's Identity: A “Functional Role”?

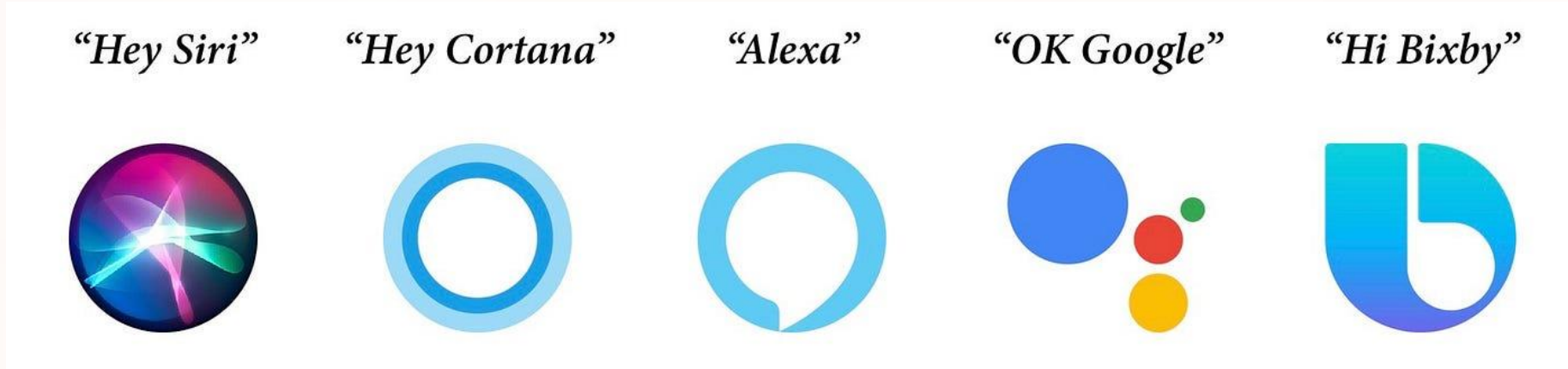
- 司机——准时接送； **Driver** – always on time for drop-offs and pick-ups.
- 厨师——三餐热腾腾； **Chef** – serving hot meals, three times a day.
- 保姆——全天候照料； **Nanny** – providing round-the-clock care.
- 护士——包办大小病痛； **Nurse** – handling every ache and illness.
- 心理辅导——情绪疏导专家； **Counselor** – the family's emotional support specialist.
- 危机处理专家——任何时候都要能顶得住！ **Crisis Manager** – always ready to handle any emergency!

她就像“家庭管理有限公司”的CEO，但没有薪水，也没有假期。

She's like the CEO of the Family Operations Company — but with no salary and no vacation days.

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- 在神的眼中，她不是工具人。
- 她是神所爱的女子，是神亲自设立在家庭中的智慧柱石与属灵遮盖。
- God does not see her as a machine. She is His beloved daughter — a God-appointed pillar of wisdom and spiritual protection in her home.

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她的儿女起来称她有福。
她的丈夫也称赞她，
说，才德的女子很多，惟独你超过一切。

Her children arise and call her blessed;
her husband also, and he praises her:
"Many women do noble things, but you surpass them all."

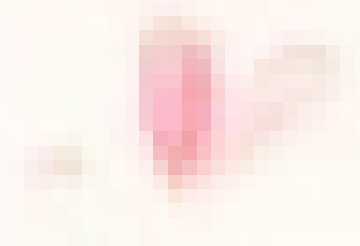
箴言 Proverbs 31:28-29

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《箴言31章》“贤妻之歌” Proverbs 31 “The Wife of Noble Character”

1. 她细心照顾家人（31:15）； She carefully looks after her family
2. 她有勤劳与聪明（31:16）； She is diligent and wise
3. 她善良与慈悲（31:20）； She is kind and compassionate
4. 她有智慧与言语（31:26）； She has wisdom and words of grace



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艳丽是虚假的，美容是虚浮的，唯敬畏耶和华的妇女必得称赞。

箴言 31:30

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised.

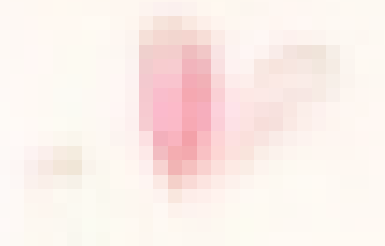
Proverbs 31:30 [NIV]



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- 今天的我们，是否也能像这位贤妻一样，做一个敬畏神、心地善良、智慧充盈的家庭女性呢？
- an we, like this virtuous woman, be a woman of faith, kindness, and wisdom in our homes today?



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给丈夫与孩子的挑战 A Challenge to Husbands and Children

- 我们是否太习惯了妈妈的付出，而忽略了她的需要？
- 我们是否只把她当成“理所当然”的存在？
- 丈夫啊，你上一次称赞你的妻子是什么时候？
- 孩子啊，你上一次紧紧抱住妈妈、说“我爱你”又是什么时候？
- Have we become so accustomed to Mom's sacrifices that we overlook her needs?
- Do we take her presence for granted?
- Husbands, when was the last time you praised your wife?
- Children, when was the last time you gave your mom a big hug and said, "I love you"?

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《我妈妈最喜欢的事》 "My Mom's Favorite Things"



二、她是一位影响世代的信心传承者

She is a Faithful Legacy-Bearer, Impacting Generations

属灵传承：外祖母罗以 → 母亲友尼基 → 儿子提摩太

Spiritual Legacy: From Grandmother Lois → Mother Eunice → Son Timothy

我记得你无伪的信心，这信心先存在你外祖母罗以和你母亲友尼基的心里，我深信也存在你的心里。

I am reminded of your sincere faith, a faith that dwelt first in your grandmother Lois and your mother Eunice and now, I am sure, dwells in you as well.

[提摩太后书 2 Timothy 1:5]

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给妈妈的鼓励：

- 信心的种子，是慢慢发芽的；而你，是那位耕耘者，是家庭属灵氛围的缔造者。
- The seed of faith takes time to grow; and you are the one who tills the soil—you are the cultivator of your family's spiritual atmosphere.



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给妈妈的鼓励：

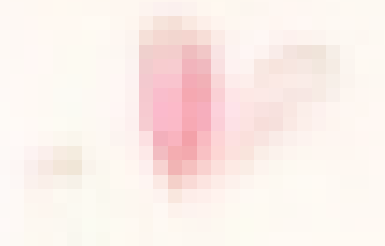
- 你不是孤单的信仰奋斗者，你是神用来祝福家庭、改变世代的器皿！你所做的一切，将在孩子的生命、丈夫的心灵、整个家庭的属灵光景中开花结果！
- You are not a lonely struggler in faith—you are a vessel chosen by God to bless your family and transform generations! Everything you do will bear fruit in your children's lives, in your husband's heart, and in the spiritual atmosphere of your entire household.



二、她是一位影响世代的信心传承者

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- 母亲是一位信心的守望者，是家庭属灵气氛的营造者，是神手中改变世代的重要器皿。
- A mother is a guardian of faith, a cultivator of the spiritual atmosphere in the home, and a powerful vessel in God's hand to transform generations.

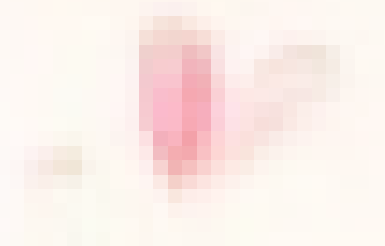


三、她是耶稣亲口尊荣的对象

She is someone whom Jesus Himself honored with His own words

约翰福音 John 19:26-27

- “耶稣见母亲和他所爱的那门徒站在旁边，就对祂母亲说：‘母亲，看你的儿子！’ 又对那门徒说：‘看你的母亲！’ ”
- When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to his mother, "Dear woman, here is your son," and to the disciple, "Here is your mother."



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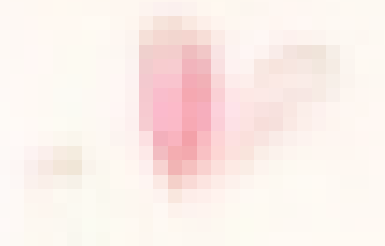
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- **我们是否像耶稣一样尊荣母亲？**
- **我们是否也能在“压力最大的时候”，仍然顾念我们的母亲？**
- **Do we honor our mothers the way Jesus did?**
- **Can we still care for our mothers even in our most stressful moments, just as Jesus did?**



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- **丈夫们，在你最累最烦的时候，是否还能对妻子温柔一句：“辛苦你了”？**
- **孩子们，在考试最紧张的时候，是否还能说一句：“妈妈，谢谢你”？**
- **教会的每一位，我们是否在心中真正尊荣那位无怨无悔付出的母亲？**
- **Husbands, when you're most tired and frustrated, can you still say a gentle word to your wife: “Thank you for all your hard work”?**
- **Children, even during the most intense exam season, can you still say, “Mom, thank you”?**
- **And to everyone in the church—do we truly honor the mothers among us who give so selflessly, without complaint or regret?**

三、她是耶稣亲口尊荣的对象

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- 妈妈要的，从来不是完美，而是“在你心里有她”。
- What a mother longs for is never perfection—she simply wants to know she holds a place in your heart.

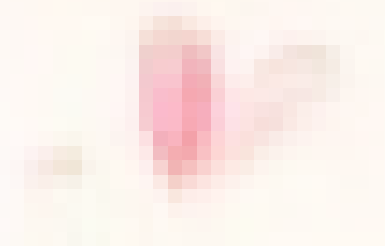


总结 Conclusion

- **怀疑自己**——是否不够属灵、不够能干、不够重要？
- **常常感到**：付出没人看见，努力不被领情；孩子不体谅，丈夫不细心，家人似乎习以为常；在忙碌与疲惫中，灵里也渐渐沉默了.....
- **You question yourself**—Am I spiritual enough? Capable enough? Important enough?
- **You often feel**: Your efforts go unnoticed. Your hard work is taken for granted. Your children don't understand. Your husband isn't attentive. Your family seems to treat it all as normal. And amid all the busyness and exhaustion... your spirit has grown quiet.

总结 Conclusion

- 你不是“只是一个妈妈”，你是“神所爱的女子”。
- 你在祂眼中，是极其宝贵的器皿，是祂所拣选用来祝福家庭、建造教会、影响世代的女子。
- You are not “just a mom”—you are a woman deeply loved by God.
- In His eyes, you are a precious vessel, chosen by Him to bless your family, build the Church, and impact generations.



总结 Conclusion

愿你：

- 不再靠自己硬撑，而是靠神得力；
- 不再觉得孤单，而是被爱包围；
- 不再怀疑价值，而是因神的肯定重新得力。

May you:

- No longer strive in your own strength, but be empowered by God.
- No longer feel alone, but be surrounded by love.
- No longer question your worth, but be renewed through God's affirmation.

总结 Conclusion

- 愿你在神的爱中被更新，继续成为家庭中的盼望之光，教会中荣耀的姊妹。
- 你是神所爱的女子，这份身分，没有人能夺去。
- May you be renewed in God's love, continuing to be a light of hope in your family and a glorious sister in the church.
- You are a woman loved by God, and this identity is something no one can take away from you.

