

在后现代文化中建立信望爱的根基 II

Building the Foundations of Faith, Love, and Hope in a Postmodern Culture II

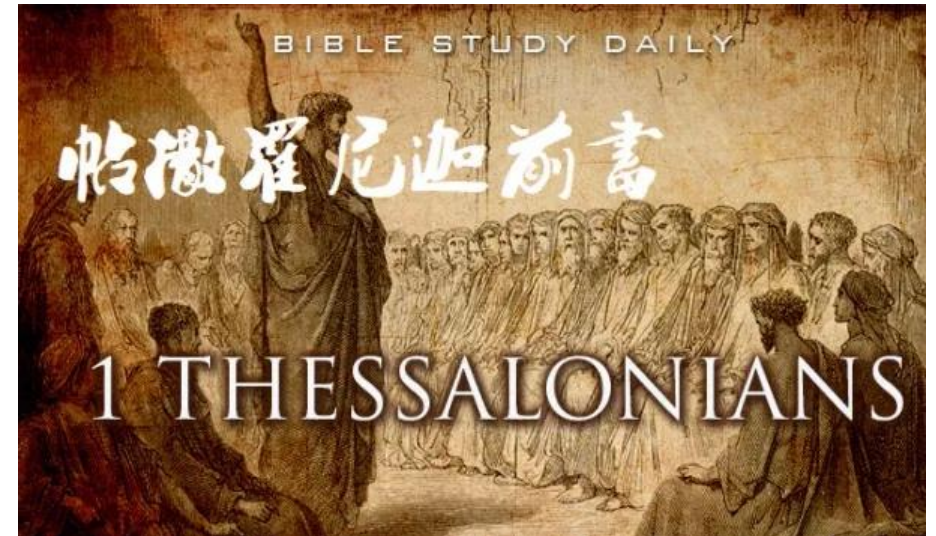
第二讲：爱心的劳苦 -----在自私中活出舍己

Sermon 2:

The Labor of Love --- Living Out Self-Sacrifice in a Selfish World

帖撒罗尼迦前书

1 Thessalonians 1:2-10



帖撒罗尼迦前书 1 Thessalonians 1:3

在神我们的父面前，不住地記念你们因**信心所做的工夫**，
因**爱心所受的劳苦**，因**盼望我们主耶稣基督所存的忍耐**。

We continually remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.







Contract

帖撒罗尼迦前书 1 Thessalonians 1:3

在神我们的父面前，不住地記念你们因信心所做的工夫，因爱心所受的劳苦，因盼望我们主耶稣基督所存的忍耐。

We continually remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.



真正的爱

不是感觉，而是行动；
不是享受，而是付出；
不是得到，而是给予。

True love is

not a feeling, but an action;
not enjoyment, but sacrifice;
not receiving, but giving.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

1. 个人主义的"爱": 以自我为中心

Individualistic "Love": Self-Centeredness

- 现代人常说: "我要爱自己"、"我要对自己好一点"。
- People today often say, "I need to love myself," "I should be good to myself."
- 书店里充满了《如何更爱自己》、《做自己的女王》这样的书籍。
- Bookstores are filled with titles like "How to Love Yourself More" and "Be the Queen of Your Own Life."

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

1. 个人主义的"爱": 以自我为中心

Individualistic "Love": Self-Centeredness

- 这种"爱"的核心是自我满足，而不是真正的爱。
- The essence of this "love" is self-fulfillment, not genuine love.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

1. 个人主义的"爱": 以自我为中心

Individualistic "Love": Self-Centeredness

- 真正的爱是什么? What is true love then?
- 约翰一书4:19说: "我们爱, 因为神先爱我们。"
1 John 4:19 says, "We love because He first loved us."
- 真爱的源头是神, 目标是他人, 不是自己。
The source of true love is God, and its object is others, not ourselves.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

1. 个人主义的"爱": 以自我为中心

Individualistic "Love": Self-Centeredness



I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

2. 消费主义的"爱": 把爱当作商品

Consumerist "Love": Treating Love as a Commodity

现代社会把爱商品化了: Modern society has commodified love:

- "如果你爱我, 就给我买这个" "If you love me, buy this for me"
- "表达爱意就要送礼物" "Showing love means giving gifts"
- "爱就是让对方满足我的需要" "Love means getting my needs met"

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

2. 消费主义的"爱": 把爱当作商品

Consumerist "Love": Treating Love as a Commodity

真正的爱是什么？不是你能买得起什么，而是你愿意舍弃什么。
不是你花了多少钱，而是你付了多少代价。

True love isn't about what you can afford, but what you're willing to give up. Not how much you spend, but the price you're willing to pay.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

3. 相对主义的"爱": "只要我喜欢"

Relativistic "Love": "As Long as I Like It"

现代人最常说的话是: People today often say:

- "只要是出于爱, 什么都可以做。"
- "Anything goes if it's done out of love."
- "爱没有对错, 只要真心就够了。"
- "There's no right or wrong in love---sincerity is enough."
- "每个人都有自己表达爱的方式。"
- "Everyone has their own way of expressing love."

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

3. 相对主义的"爱": "只要我喜欢"

Relativistic "Love": "As Long as I Like It"

- 婚外情被包装成"真爱" Affairs repackaged as "true love"
- 同居被称为"爱的试验" Cohabitation called "testing love"
- 堕胎被说成是"爱的选择" Abortion framed as a "loving choice"
- 离婚被解释为"爱的解脱" Divorce explained as "love's liberation"

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

3. 相对主义的"爱": "只要我喜欢"

Relativistic "Love": "As Long as I Like It"

- 没有真理标准的"爱", 其实是情欲, 不是真爱。
- "Love" without truth is actually lust, not true love.
- 真正的爱必须建立在真理的基础上。
- True love must be grounded in truth.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

3. 相对主义的"爱": "只要我喜欢"

Relativistic "Love": "As Long as I Like It"

约翰二书1:6 "我们若照他的命令行，这就是爱。"

2 John 1:6 "This is love: that we walk according to His commandments."

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

3. 相对主义的"爱": "只要我喜欢"

Relativistic "Love": "As Long as I Like It"

- 真正的爱不是"只要我喜欢", 而是"按照神的心意"。
- True love isn't "whatever I like," but "according to God's will."
- 真正的爱会为对方的好处着想, 即使这意味着要说一些对方不愿意听的话。
- True love seeks the other's good, even if it means saying hard truths.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

4. 即时满足的"爱": 不愿付代价

Instant-Gratification "Love": Unwilling to Pay the Price

现代人对爱的期待是: Modern expectations of love include:

- 感情应该是轻松愉快的 Relationships should be easy and fun
- 关系不应该有太多冲突 Minimal conflict in relationships
- 爱情应该是浪漫甜蜜的 Love should be romantic and sweet
- 如果感觉不对就应该及时止损 "Cut losses" when feelings fade

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

4. 即时满足的"爱": 不愿付代价

Instant-Gratification "Love": Unwilling to Pay the Price

- 现代人不愿意为爱付出长期的代价。
- People today refuse to pay love's long-term costs.
- 真正的爱需要付代价, 需要时间, 需要耐心, 需要坚持。
- But true love requires cost, time, patience, and perseverance.

I. 后现代文化如何扭曲爱

How Postmodern Culture Distorts Love

4. 即时满足的"爱": 不愿付代价

Instant-Gratification "Love": Unwilling to Pay the Price

哥林多前书13:4 "爱是恒久忍耐。"

1 Corinthians 13:4 "Love is patient."

II. 圣经中真爱的标准

The Biblical Standard of True Love

1. 神的爱为标准 God's Love as the Standard

约翰一书4:10 "不是我们爱神，乃是神爱我们，差他的儿子为我们的罪作了挽回祭，这就是爱了。"

1 John 4:10 "This is love: not that we loved God, but that He loved us and sent His Son as an atoning sacrifice for our sins."

II. 圣经中真爱的标准

The Biblical Standard of True Love

1. 神的爱为标准 God's Love as the Standard

无条件的爱 Unconditional Love

罗马书5:8 "惟有基督在我们还作罪人的时候为我们死，神的爱就在此向我们显明了。"

Romans 5:8 "But God demonstrates His own love for us in this: While we were still sinners, Christ died for us."

II. 圣经中真爱的标准

The Biblical Standard of True Love

1. 神的爱为标准 God's Love as the Standard

牺牲的爱 Sacrificial Love

约翰福音3:16 "神爱世人，甚至将他的独生子赐给他们。"

John 3:16 "For God so loved the world that He gave His one and only Son."

II. 圣经中真爱的标准

The Biblical Standard of True Love

1. 神的爱为标准 God's Love as the Standard

主动的爱 Initiative Love

约翰一书4:19 "我们爱，因为神先爱我们。"

1 John 4:19 "We love because He first loved us."

II. 圣经中真爱的标准

The Biblical Standard of True Love

1. 神的爱为标准 God's Love as the Standard

持久的爱 Enduring Love

耶利米书31:3 "我以永远的爱爱你，因此我以慈爱吸引你。"

Jeremiah 31:3 "I have loved you with an everlasting love; I have drawn you with unfailing kindness."

II. 圣经中真爱的标准

The Biblical Standard of True Love

2. 基督的爱为榜样 Christ's Love as the Model

以弗所书5:25 "你们作丈夫的，要爱你们的妻子，正如基督爱教会，为教会舍己。"

Ephesians 5:25 "Husbands, love your wives, just as Christ loved the church and gave Himself up for her."

II. 圣经中真爱的标准

The Biblical Standard of True Love

2. 基督的爱为榜样 Christ's Love as the Model

服事的爱 Serving Love



约翰福音13:1-17 记载了耶稣为门徒洗脚的故事。

John 13:1-17 records Jesus washing His disciples' feet.

II. 圣经中真爱的标准

The Biblical Standard of True Love

2. 基督的爱为榜样 Christ's Love as the Model

舍己的爱 Self-Sacrificing Love

腓立比书2:6-8 "他本有神的形像，不以自己与神同等为强夺的，反倒虚己，取了奴仆的形像，成为人的样式。既有人的样子，就自己卑微，存心顺服，以至于死，且死在十字架上。"

Philippians 2:6-8 "Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death--even death on a cross!"

II. 圣经中真爱的标准

The Biblical Standard of True Love

2. 基督的爱为榜样 Christ's Love as the Model

饶恕的爱 Forgiving Love



路加福音23:34 "当下耶稣说：'父啊，赦免他们！因为他们所做的，他们不晓得。'"

Luke 23:34 "Father, forgive them, for they do not know what they are doing."

II. 圣经中真爱的标准

The Biblical Standard of True Love

2. 基督的爱为榜样 Christ's Love as the Model

坚持的爱 Persevering Love

约翰福音13:1 "既然爱世间属自己的人，就爱他们到底。"

John 13:1 "Having loved His own who were in the world, He loved them to the end."

II. 圣经中真爱的标准

The Biblical Standard of True Love

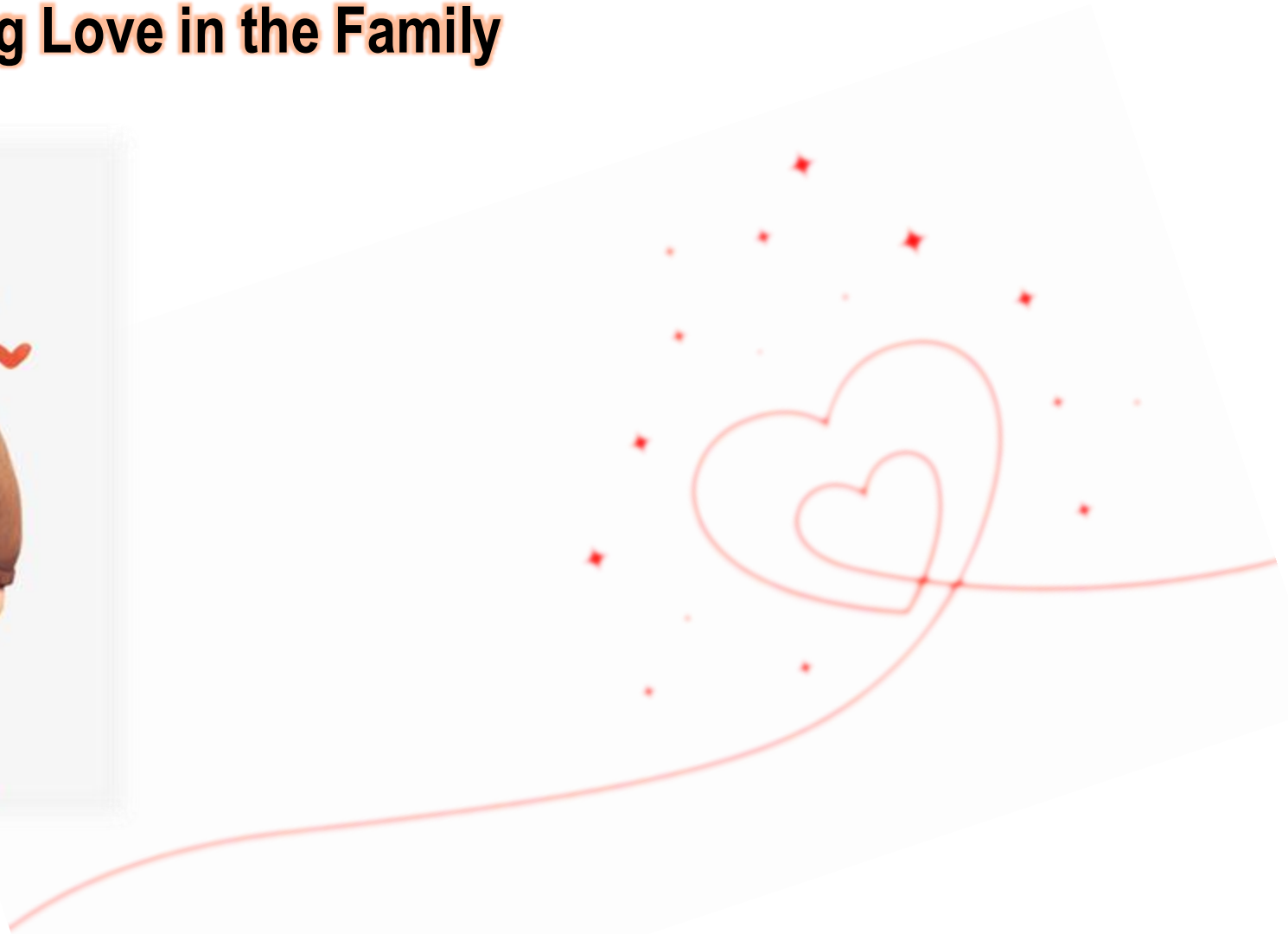
3. 爱的具体表现 The Practical Outworking of Love

- 哥林多前书13章是圣经中最著名的"爱之颂"。
- 1 Corinthians 13 is Scripture's most famous "Love Chapter."
- 爱的特征：爱是恒久忍耐，又有恩慈；爱是不嫉妒，不自夸，不张狂，不做害羞的事，不求自己的益处，不轻易发怒，不计算人的恶，不喜欢不义，只喜欢真理；凡事包容，凡事相信，凡事盼望，凡事忍耐。
- It details love's characteristics: patience, kindness; no envy, boasting, pride, rudeness, self-seeking, anger, record-keeping of wrongs; rejoicing with truth; always protecting, trusting, hoping, persevering.

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

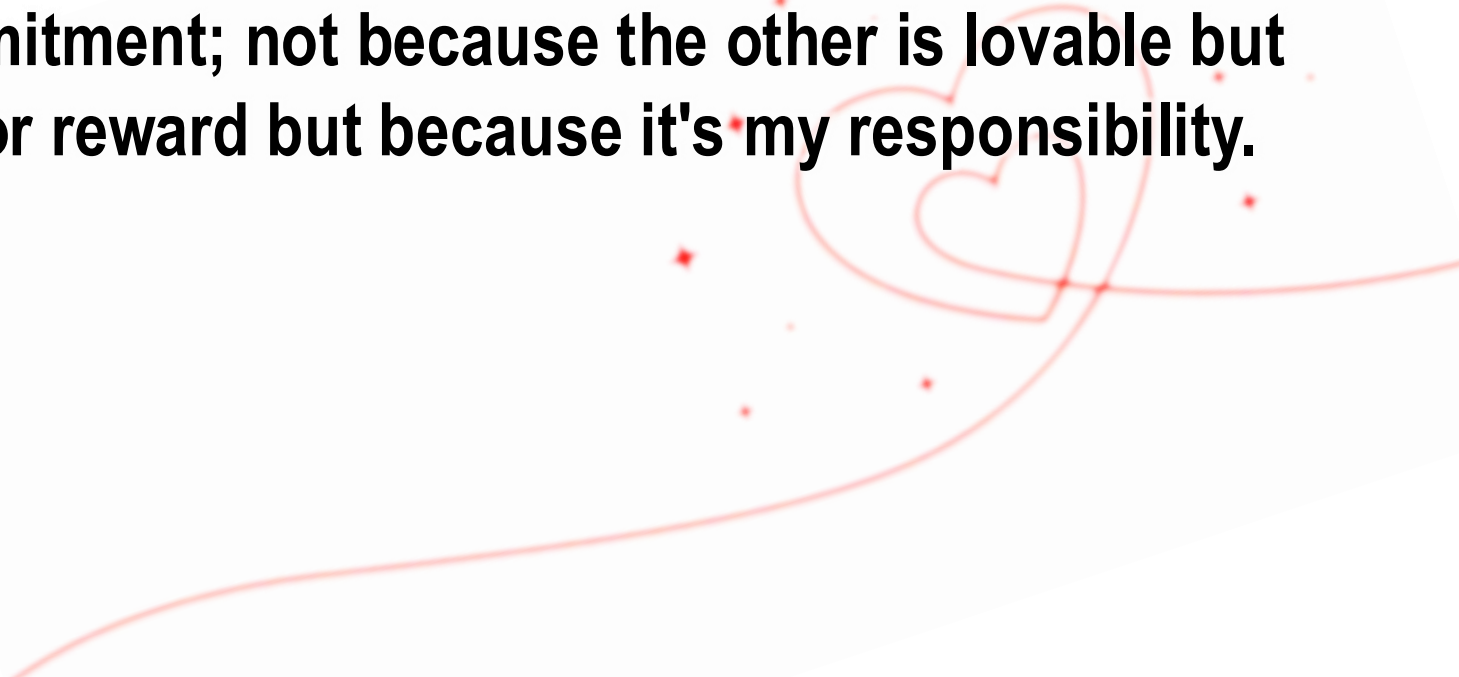
1. 在家庭中活出爱 Practicing Love in the Family



III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

1. 在家庭中活出爱 Practicing Love in the Family

- 不是基于感觉，而是基于承诺；不是因为对方可爱，而是因为我选择去爱；不是因为有回报，而是因为这是我的责任。
 - Based not on feelings but commitment; not because the other is lovable but because I choose to love; not for reward but because it's my responsibility.
- 

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

1. 在家庭中活出爱 Practicing Love in the Family

夫妻关系中： In Marriage:

- 不是寻求被爱，而是主动去爱 Not seeking to be loved but actively loving
- 不是改变对方，而是改变自己 Not changing the other but changing myself
- 用服事代替索取 Serving rather than demanding
- 在冲突中寻求和解 Seeking reconciliation in conflict

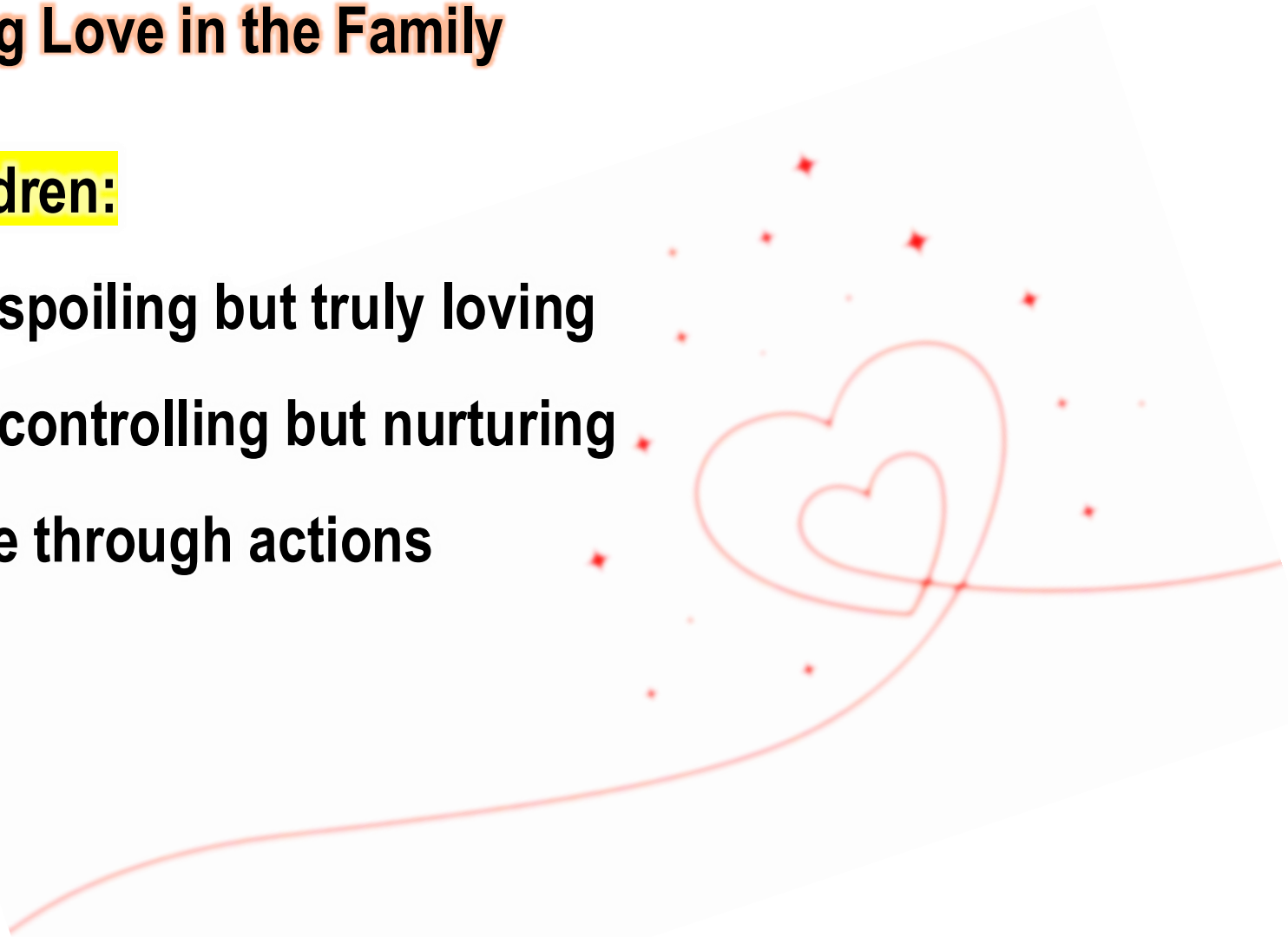
III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

1. 在家庭中活出爱 Practicing Love in the Family

父母对儿女： Parents to Children:

- 不是溺爱，而是真爱 Not spoiling but truly loving
- 不是控制，而是培养 Not controlling but nurturing
- 用行动教导爱 Teaching love through actions



III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

1. 在家庭中活出爱 Practicing Love in the Family

儿女对父母： Children to Parents:

- 不是利用，而是孝敬 Not using but honoring
- 不是嫌弃，而是感恩 Not resenting but being grateful
- 在父母年老时加倍关怀 Caring doubly when parents age

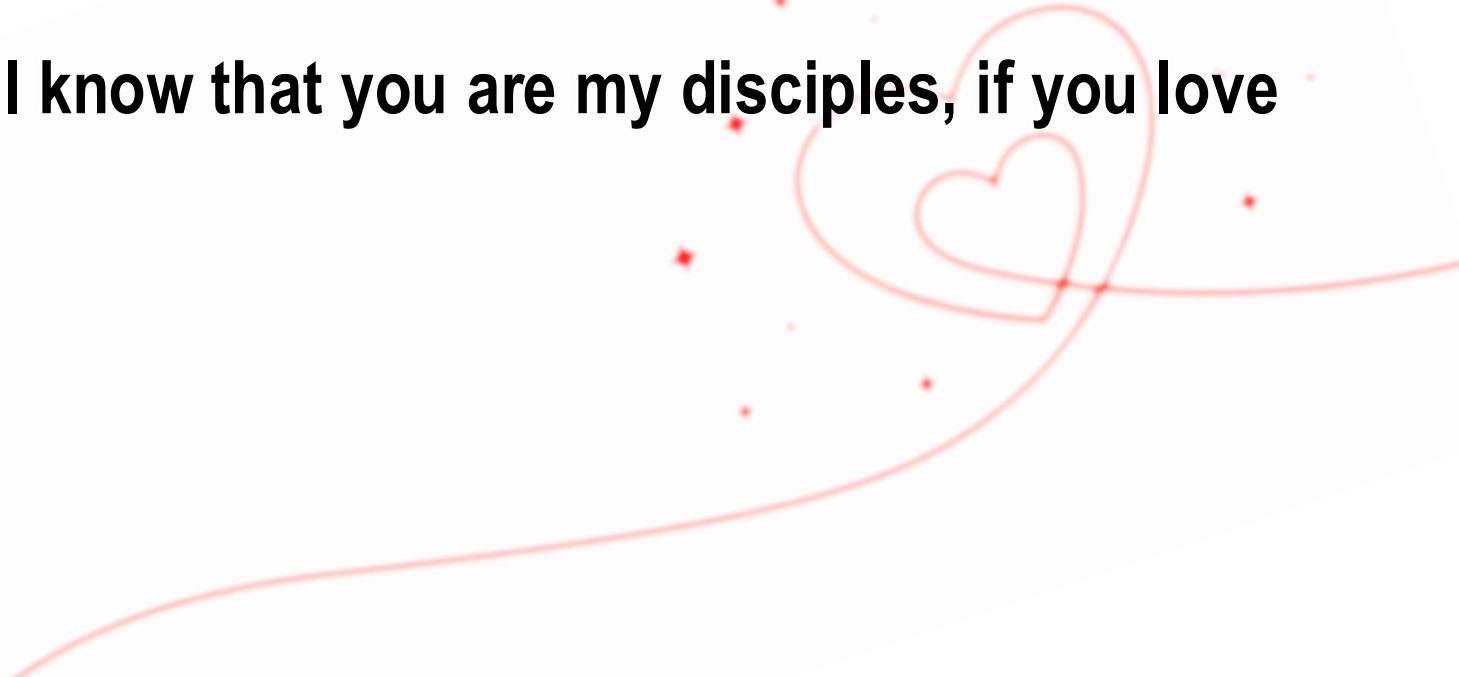
III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

2. 在教会中活出爱 Practicing Love in the Church

约翰福音13:35 "你们若有彼此相爱的心，众人因此就认出你们是我的门徒了。"

John 13:35 "By this everyone will know that you are my disciples, if you love one another."



III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

2. 在教会中活出爱 Practicing Love in the Church

彼此服事的爱 Love that Serves One Another

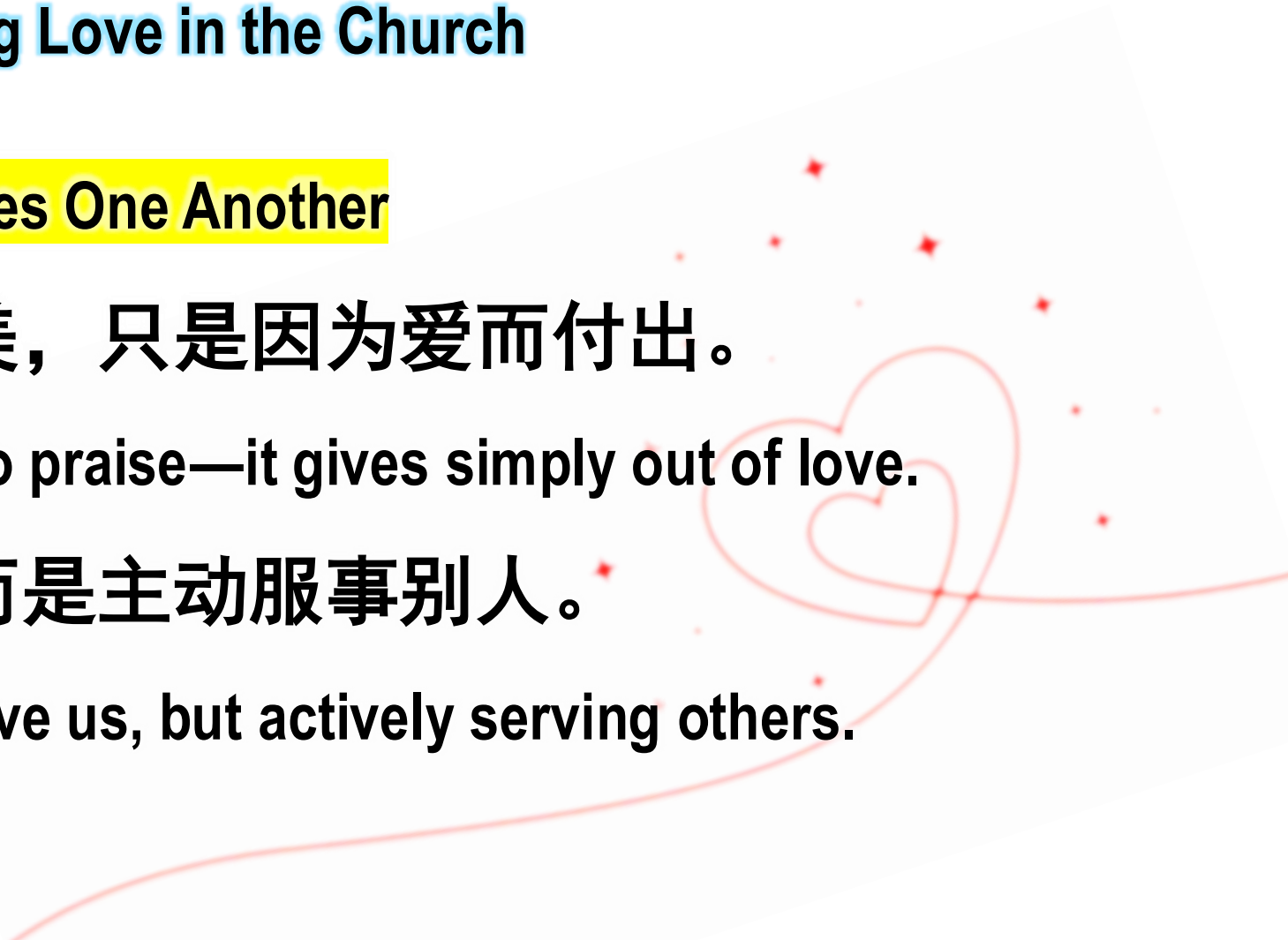
- **加拉太书5:13** "弟兄们，你们蒙召是要得自由，只是不可将你们的自由当作放纵情欲的机会，总要用爱心互相服事。"
- **Galatians 5:13** "You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love."

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

2. 在教会中活出爱 Practicing Love in the Church

彼此服事的爱 Love that Serves One Another

- 服事不求回报，不求赞美，只是因为爱而付出。
 - True service seeks no return, no praise—it gives simply out of love.
 - 不是等别人来服事我，而是主动服事别人。
 - It's not waiting for others to serve us, but actively serving others.
- 

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

2. 在教会中活出爱 Practicing Love in the Church

在冲突中和好的爱 Love that Reconciles in Conflict

- 是否愿意放下面子，用神的爱彼此包容，彼此接纳，主动和解。
- Are we willing to set aside our pride, use God's love to bear with one another, accept one another, and actively seek reconciliation?

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

2. 在教会中活出爱 Practicing Love in the Church

关怀软弱肢体的爱 Love that Cares for Weak Members

哥林多前书12:26 "若一个肢体受苦，所有的肢体就一同受苦；若一个肢体得荣耀，所有的肢体就一同快乐。"

1 Corinthians 12:26 "If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it."

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

3. 在社会中活出爱 Practicing Love in Society

职场中的爱 Love in the Workplace

- 很多基督徒以为在职场中活出爱就是传福音，但其实最好的福音见证是我们的生活方式。
- Many Christians think that living out love in the workplace means evangelizing, but actually our way of life is the best Gospel witness.

III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

3. 在社会中活出爱 Practicing Love in Society

社区中的爱 Love in the Community



III. 在自私文化中活出真爱

Living Out True Love in a Selfish Culture

3. 在社会中活出爱 Practicing Love in Society

对弱势群体的爱 Love for the Vulnerable

- **以赛亚书1:17** "学习行善，寻求公平，解救受欺压的，给孤儿伸冤，为寡妇辨屈。"
- **Isaiah 1:17** "Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow."

结论：连接爱的源头

Conclusion: Connecting to Love's Source

- **约翰一书4:7** "亲爱的弟兄啊，我们应当彼此相爱，因为爱是从神来的。"
- **1 John 4:7** "Dear friends, let us love one another, for love comes from God."



结论：连接爱的源头

Conclusion: Connecting to Love's Source

- 爱不是我们能够产生的，而是神通过我们流淌出来的。
- Love isn't something we generate, but what God pours through us.



结论：连接爱的源头

Conclusion: Connecting to Love's Source

我们只需要： We simply need to:

1. **连接源头**：每天通过祷告、读经与神亲近，让神的爱充满我们

Connect to the Source: Draw near to God daily through prayer and Scripture, letting His love fill us



结论：连接爱的源头

Conclusion: Connecting to Love's Source

我们只需要： We simply need to:

2. **清理管道**：承认我们的自私，求神除去我们里面一切阻碍爱流淌的东西

Clear the Pipeline: Confess our selfishness, asking God to remove anything blocking His love



结论：连接爱的源头

Conclusion: Connecting to Love's Source

我们只需要： We simply need to:

3. **打开开关**：选择顺服，让神的爱通过我们的言语和行为流出去

Turn on the Tap: Choose obedience, letting God's love flow through our words and actions



结论：连接爱的源头

Conclusion: Connecting to Love's Source

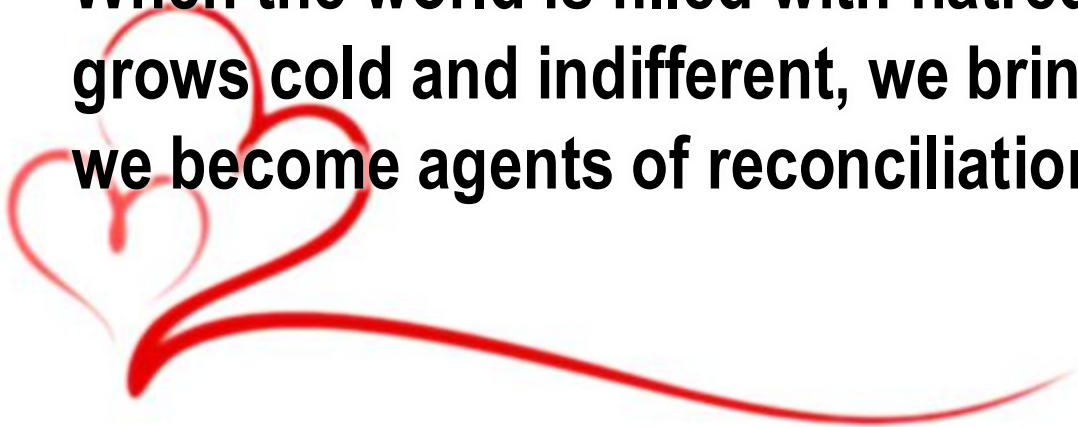
- **罗马书5:5** “因为所赐给我们的圣灵将神的爱浇灌在我们心里。”
- **Romans 5:5** "Because God's love has been poured out into our hearts through the Holy Spirit."



结论：连接爱的源头

Conclusion: Connecting to Love's Source

- 在这个以自我为中心的时代，让我们成为神爱的管道。
- 当世界充满仇恨时，我们带来饶恕；当社会冷漠无情时，我们传递温暖；当人际关系破裂时，我们成为和睦的使者。
- In this self-centered age, let's become conduits of God's love.
- When the world is filled with hatred, we bring forgiveness; When society grows cold and indifferent, we bring warmth; When relationships are broken, we become agents of reconciliation.



结论：连接爱的源头

Conclusion: Connecting to Love's Source



结论：连接爱的源头

Conclusion: Connecting to Love's Source

- 记住，真正的爱不是感觉，而是选择；不是舒适，而是劳苦；不是得到，而是给予。
- 当我们选择去爱时，我们就是在效法神，在见证福音，在改变世界。
- Remember: True love isn't a feeling but a choice; not comfort but labor; not getting but giving.
- When we choose to love, we imitate God, witness the Gospel, and change the world.

第二讲：爱心的劳苦 ----- 在自私中活出舍己

The Labor of Love --- Living Out Self-Sacrifice in a Selfish World

信望愛

FAITH · HOPE · LOVE

自我反思 Self-reflection

帖撒罗尼迦前书 1 Thessalonians 1:2-10

1. 现代文化如何扭曲了你对"爱"的理解？
2. 在哥林多前书13章的爱特征中，哪一点对你最有挑战？
3. 这一周你要如何具体实践"爱心的劳苦"？
4. 你生命中有没有需要用爱去化解的关系冲突？
5. 你如何能够成为神爱的管道，影响你周围的人？

1. How has modern culture distorted your understanding of "love"?
2. Which characteristic of love in 1 Corinthians 13 challenges you most?
3. How will you specifically practice "labor of love" this week?
4. Are there relationship conflicts in your life that need love's healing?
5. How can you become a conduit of God's love to influence those around you?