



从"日光之下" 到"神的手中"

From "Under the Sun"
to "In God's Hand"

传道书 Ecclesiastes 2:1-26

梦想



- 无限的财富
- 至高的智慧
- 完美的享乐
- unlimited wealth
- supreme wisdom
- perfect pleasure

王上 1 Kings 10:24

- 普天下的王都求见所罗门，要听神赐给他智慧的话。
- The whole world sought audience with Solomon to hear the wisdom God had put in his heart.



王上 1 Kings 10:27

- 王在耶路撒冷使银子多如石头，香柏木多如高原的桑树。
- The king made silver as common in Jerusalem as stones, and cedar as plentiful as sycamore-fig trees in the foothills.



一、实验室里的人生：当享乐成为科学研究（2:1-3）

Life in the Laboratory: When Pleasure Becomes a Scientific Study

2:1-3

- 我心里说：来吧！我以喜乐**试试**你，你好享福。谁知，这也是虚空。我指嬉笑说：“这是狂妄”；论喜乐说：“有何功效呢？”我心里**察究**，如何用酒使我肉体舒畅，**我心却仍以智慧引导我**；又如何持住愚昧，等我看明世人，在天下一生当行何事为美。
- I thought in my heart, "Come now, I will test you with pleasure to find out what is good." But that also proved to be meaningless. "Laughter," I said, "is foolish. And what does pleasure accomplish?" I tried cheering myself with wine, and embracing folly--my mind still guiding me with wisdom. I wanted to see what was worthwhile for men to do under heaven during the few days of their lives.

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一、实验室里的人生：当享乐成为科学研究（2:1-3）

Life in the Laboratory: When Pleasure Becomes a Scientific Study

- 享乐的问题不在于它是恶的，而在于它太短暂、太表面，无法触及人心灵深处的饥渴。
- The problem with pleasure is not that it is evil, but that it is too brief, too superficial, unable to reach the deep hunger of the human soul.



一、实验室里的人生：当享乐成为科学研究（2:1-3）

Life in the Laboratory: When Pleasure Becomes a Scientific Study

- **真正的喜乐不是靠外在刺激，而是从内心涌出的活水泉源。**
- **True joy does not rely on external stimulation, but is a spring of living water welling up from within.**



二、人生顶峰的孤独：当梦想成真之后（2:4-11）

The Loneliness at the Peak: When Dreams Come True

所罗门的“成功清单” Solomon's "Success List"

事业成就（2:4-6） Career Achievements

- 我为自己动大工程，建造房屋，栽种葡萄园；
- 修造园囿，在其中栽种各样果木树；
- 挖造水池，用以浇灌嫩小的树木。
- I undertook great projects: I built houses for myself and planted vineyards.
- I made gardens and parks and planted all kinds of fruit trees in them.
- I made reservoirs to water groves of flourishing trees.

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财富权力（2:7-8） Wealth and Power

- 我买了奴婢，也有生在家中的奴婢；又有许多牛群羊群，胜过以前在耶路撒冷众人所有的。
- 我又为自己积蓄金银和君王的财宝，并各省的财宝；又得唱歌的男女和世人所喜爱的物，并许多的妃嫔。
- I bought male and female slaves and had other slaves who were born in my house. I also owned more herds and flocks than anyone in Jerusalem before me.
- I amassed silver and gold for myself, and the treasure of kings and provinces. I acquired men and women singers, and a harem as well--the delights of the heart of man.

二、人生顶峰的孤独：当梦想成真之后（2:4-11）

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地位名声（2:9） Status and Fame

- 这样，我就日见昌盛，胜过以前在耶路撒冷的众人。我的智慧仍然存留。
- I became greater by far than anyone in Jerusalem before me. In all this my wisdom stayed with me.

二、人生顶峰的孤独：当梦想成真之后 (2:4-11)

The Loneliness at the Peak: When Dreams Come True

登顶后的失落 The Letdown After Reaching the Summit

2:10-11

- 凡我眼所求的，我没有留下不给他的；我心所乐的，我没有禁止不享受的；因我的心为我一切所劳碌的快乐，这就是我从劳碌中所得的分。后来，我察看我手所经营的一切事和我劳碌所成的功，**谁知都是虚空，都是捕风，在日光之下毫无益处。**
- I denied myself nothing my eyes desired; I refused my heart no pleasure. My heart took delight in all my work, and this was the reward for all my labor. Yet when I surveyed all that my hands had done and what I had toiled to achieve, everything was meaningless, a chasing after the wind; nothing was gained under the sun.

二、人生顶峰的孤独：当梦想成真之后 (2:4-11)

The Loneliness at the Peak: When Dreams Come True

路加福音 Luke 9:25

- 人若赚得全世界，却丧了自己，赔上自己，有什么益处呢？
- What good is it for someone to gain the whole world, and yet lose or forfeit their very self?

二、人生顶峰的孤独：当梦想成真之后 (2:4-11)

The Loneliness at the Peak: When Dreams Come True

为什么成功反而更空虚？

Why Does Success Lead to Greater Emptiness?

人生只有两出悲剧 There are only two tragedies in life:

- 第一出：想要的得不到 → 痛苦、失望
- The first: Not getting what you want → Pain, disappointment.
- 第二出：想要的得到了 → 发现不过如此，更深的失落
- The second: Getting what you want → Discovering it's not that great after all, leading to deeper loss.

二、人生顶峰的孤独：当梦想成真之后（2:4-11）

The Loneliness at the Peak: When Dreams Come True

- 成就就像海水，越喝越渴。
- Achievement is like seawater: the more you drink, the thirstier you become.



二、人生顶峰的孤独：当梦想成真之后 (2:4-11)

The Loneliness at the Peak: When Dreams Come True

给今天职场人的提醒： A Reminder for Today's Workforce:

- 升职加薪是好的，但如果成为人生目的，就会变成"捕风"
- Promotion and salary raises are good, but if they become the purpose of life, they turn into "chasing after the wind."
- 创业成功是值得庆祝的，但如果离开神，成功会变成更沉重的虚空
- Entrepreneurial success is worth celebrating, but if it is apart from God, success becomes a heavier emptiness.
- 我们不是反对努力工作，而是要问："我在为谁劳碌？"
- We are not against working hard, but we must ask: "For whom am I toiling?"

三、智慧的边界：最聪明的人看到的黑暗（2:12-17）

The Limits of Wisdom: The Darkness Seen by the Wisest Man

智慧的价值 The Value of Wisdom

2:13

- 我便看出智慧胜过愚昧，如同光明胜过黑暗。
- Then I saw that wisdom is better than folly, just as light is better than darkness.

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智慧的价值 The Value of Wisdom

智慧当然有用：Wisdom is certainly useful:

- 让我们少走弯路 It helps us avoid detours.
- 帮助我们做明智的决定 It helps us make wise decisions.
- 使我们能看清危险 It enables us to see dangers clearly.

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智慧的价值 The Value of Wisdom

- 智慧像光，照亮道路；愚昧像黑暗，让人跌倒。
- Wisdom is like light, illuminating the path; folly is like darkness, causing people to stumble.

三、智慧的边界：最聪明的人看到的黑暗（2:12-17）

The Limits of Wisdom: The Darkness Seen by the Wisest Man

智慧的极限 The Limit of Wisdom

- 智慧有一个致命的限制：它不能阻止死亡。
- Wisdom has a fatal limitation: it cannot stop death.

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智慧的极限 The Limit of Wisdom

2:15-16

- 我就心里说：“愚昧人所遇见的，我也必遇见，我为何更有智慧呢？”我心里说：“这也是虚空。”智慧人和愚昧人一样，永远无人记念，因为日后都被忘记；可叹智慧人死亡，与愚昧人无异。
- Then I thought in my heart, "The fate of the fool will overtake me also. What then do I gain by being wise?" I said in my heart, "This too is meaningless." For the wise man, like the fool, will not be long remembered; in days to come both will be forgotten. Like the fool, the wise man too must die!

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智慧的极限 The Limit of Wisdom

- 智慧能让你看清楚人生的问题，却给不了答案
- Wisdom can help you see life's problems clearly, but it cannot provide the answers.
- 智慧能诊断疾病，却开不出药方
- Wisdom can diagnose illness, but it cannot prescribe the cure.
- 智慧能告诉你"前方是悬崖"，却不能给你一双翅膀
- Wisdom can tell you "there's a cliff ahead," but it cannot give you wings.

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智慧的极限 The Limit of Wisdom

- **智慧人比愚昧人更痛苦，因为他看得更清楚，却改变不了结局。**
- **The wise suffer more than the fool because they see more clearly, yet cannot change the outcome.**

三、智慧的边界：最聪明的人看到的黑暗（2:12-17）

The Limits of Wisdom: The Darkness Seen by the Wisest Man

所罗门的绝望 Solomon's Despair

2:17

- 我所以恨恶生命，因为在日光之下所行的事，我都以为烦恼，都是虚空，都是捕风。
- So I hated life, because the work that is done under the sun was grievous to me. All of it is meaningless, a chasing after the wind.

三、智慧的边界：最聪明的人看到的黑暗（2:12-17）

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所罗门的绝望 Solomon's Despair

箴言 Proverbs 9:10

- 敬畏耶和华是智慧的开端。
- The fear of the LORD is the beginning of wisdom.

离开神的智慧，只会让人更清楚地看见自己的有限与绝望。

Wisdom apart from God only allows one to see their own limitations and despair more clearly.

四、劳碌的徒然：为谁辛苦为谁忙？（2:18-23）

The Futility of Toil: For Whom Am I Working So Hard?

劳碌的悲剧 The Tragedy of Toil

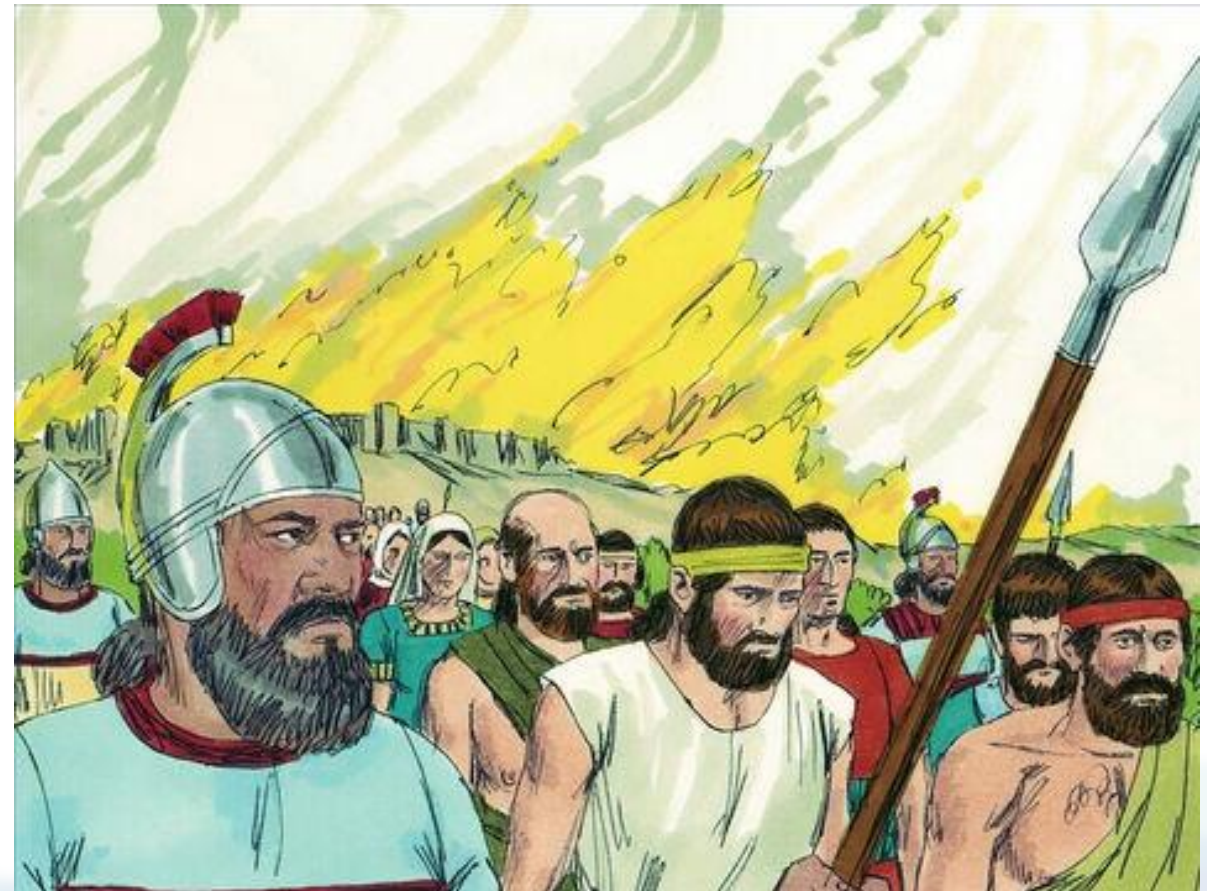
2:18-19

- 我恨恶一切的劳碌，就是我在日光之下的劳碌，因为我得来的必留给我以后的人。那人是智慧是愚昧，谁能知道？他竟要管理我劳碌所得的，就是我在日光之下用智慧所得的。这也是虚空。
- I hated all the things I had toiled for under the sun, because I must leave them to the one who comes after me. And who knows whether he will be a wise man or a fool? Yet he will have control over all the work into which I have poured my effort and skill under the sun. This too is meaningless.

四、劳碌的徒然：为谁辛苦为谁忙？（2:18-23）

The Futility of Toil: For Whom Am I Working So Hard?

劳碌的悲剧 The Tragedy of Toil



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劳碌的悲剧 The Tragedy of Toil

- **智慧人的建造，往往成为愚昧人的产业，甚至仇敌的战利品。**
- **What the wise build often becomes the inheritance of fools, or even the spoils of enemies.**

四、劳碌的徒然：为谁辛苦为谁忙？ (2:18-23)

The Futility of Toil: For Whom Am I Working So Hard?

过程也是虚空 The Process is Also Meaningless

- 有人可能会说："至少我享受奋斗的过程啊！"
- Some might say, "At least I enjoy the process of striving!"

四、劳碌的徒然：为谁辛苦为谁忙？（2:18-23）

The Futility of Toil: For Whom Am I Working So Hard?

过程也是虚空 The Process is Also Meaningless

2:23

- 因为他日日忧虑，他的劳苦成为愁烦，连夜间心也不安。这也是虚空。
- All his days his work is pain and grief; even at night his mind does not rest. This too is meaningless.

四、劳碌的徒然：为谁辛苦为谁忙？（2:18-23）

The Futility of Toil: For Whom Am I Working So Hard?

过程也是虚空 The Process is Also Meaningless

- 奋斗的过程并没有比结果更有意义，反而常常带来比成功更大的烦恼。
- The process of striving is no more meaningful than the outcome; it often brings greater troubles than success itself.

四、劳碌的徒然：为谁辛苦为谁忙？（2:18-23）

The Futility of Toil: For Whom Am I Working So Hard?

过程也是虚空 The Process is Also Meaningless

马太福音 Matthew 11:28

- 耶稣说："凡劳苦担重担的人，可以到我这里来，我就使你们得安息。"
- Jesus said, "Come to me, all you who are weary and burdened, and I will give you rest."

你是在为神劳碌，还是在为虚空奔忙？

Are you toiling for God, or rushing about for meaninglessness?

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

2:24

- 人莫强如吃喝，且在劳碌中享福，我看这也是出于 神的手。
- A man can do nothing better than to eat and drink and find satisfaction in his work. This too, I see, is from the hand of God,

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

2:1-23 "日光之下"的绝望:

Despair "Under the Sun":

- 享乐→虚空
- Pleasure → Meaninglessness
- 成就→虚空
- Achievement → Meaninglessness
- 智慧→虚空
- Wisdom → Meaninglessness
- 劳碌→虚空
- Toil → Meaninglessness

2:24-26 转向"神的手":

Turning to "God's Hand":

- 吃喝→可以享受
- Eating and drinking → Can be enjoyed
- 劳碌→可以得福
- Toil → Can bring satisfaction
- 智慧→是神的礼物
- Wisdom → Is a gift from God
- 喜乐→从神而来
- Joy → Comes from God

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

- **同样的事物，不同的角度，完全不同的结论！**
- **The same things, viewed from a different perspective, lead to a completely different conclusion!**
- **不是环境改变了，而是视角改变了。**
- **The circumstances didn't change, but the perspective did.**

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

- 从前：我追求享乐→虚空
- Before: I pursued pleasure → Meaninglessness
- 现在：我领受神的恩赐→享福
- Now: I receive God's gifts → Enjoyment

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

- 从前：我为自己劳碌→徒然
- Before: I toiled for myself → Futility
- 现在：我在劳碌中经历神→有意义
- Now: I experience God in my toil → Meaningful

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

- 从前：我拥有智慧→却无力改变命运
- Before: I possessed wisdom → Yet powerless to change destiny
- 现在：智慧、知识、喜乐都是神的礼物→感恩领受
- Now: Wisdom, knowledge, joy are all gifts from God → Received with gratitude

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

2:25

- 离开了他，谁能有吃的呢？谁能享乐呢？（新译本）
- for without him, who can eat or find enjoyment? (NIV)

五、从"日光之下"到"神的手中" (2:24-26)

From "Under the Sun" to "In God's Hand"

两种人生 Two Kinds of Lives

神所喜悦的人：

To the person who pleases him:

- 神赐给他智慧、知识、喜乐
- God gives wisdom, knowledge and happiness.
- 在日常生活中享受神的恩典
- Enjoys God's grace in daily life.
- 劳碌也成为敬拜
- Toil also becomes an act of worship.

罪人（拒绝神的人）：

To the sinner (the one who rejects God):

- 终日劳苦，收聚堆积
- Toils to gather and store up wealth.
- 却"归给神所喜悦的人"
- But it is "given to the one who pleases God."
- 忙碌一生，一无所得——"这也是虚空，也是捕风"
- Busy for a lifetime, gaining nothing—"This too is meaningless, a chasing after the wind."

六、从虚空到丰盛三个转变

Three Shifts: From Meaninglessness to Abundance

转变一：从"追求快乐"到"领受喜乐"

Shift 1: From "Pursuing Happiness" to "Receiving Joy"

- 错误的追求： 我要找到让我开心的事→看剧、旅游、购物、娱乐
- Wrong Pursuit: I need to find things that make me happy → Watching shows, traveling, shopping, entertainment.
- 正确的眼光： 今天的阳光、食物、工作、家人都是神的恩典→感恩领受
- Right Perspective: Today's sunshine, food, work, family are all God's grace → Receive them with gratitude.

六、从虚空到丰盛三个转变

Three Shifts: From Meaninglessness to Abundance

转变二：从"我要成功"到"为主而做"

Shift 2: From "I Want Success" to "Doing It for the Lord"

- 世界的成功观： 升职→加薪→买房→财务自由→人生巅峰
- The World's View of Success: Promotion → Raise → Buy a house → Financial freedom → Peak of life.
- 基督徒的成功观： "无论做什么，都要从心里做，像是给主做的"（西3:23）
- The Christian's View of Success: "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters." (Colossians 3:23)

六、从虚空到丰盛的三个转变

Three Shifts: From Meaninglessness to Abundance

转变三：从"靠智慧生活"到"敬畏神而活"

Shift 3: From "Living by Wisdom" to "Living in the Fear of the Lord"

- 人的智慧： 能分析问题， 却找不到意义
- Human Wisdom: Can analyze problems, but cannot find meaning.
- 敬畏神的智慧： "敬畏耶和华是智慧的开端"（箴9:10）
- Wisdom that Fears God: "The fear of the LORD is the beginning of wisdom."
(Proverbs 9:10)

总结：从所罗门到耶稣

Conclusion: From Solomon to Jesus



- **所罗门**站在人类成就的顶峰，看到一切都是虚空。
- Solomon, standing at the peak of human achievement, saw that everything was meaningless.



- 但感谢神，祂为我们预备了一位"比所罗门更大的"（太12:42）——**耶稣基督**。
- But thanks be to God, He prepared for us one "greater than Solomon" (Matthew 12:42)—Jesus Christ.

总结：从所罗门到耶稣

Conclusion: From Solomon to Jesus

- **所罗门**说："一切都是虚空"
- Solomon said: "Everything is meaningless."
- **耶稣**说："我来了，是要叫羊得生命，并且得的更丰盛"（约 10:10）
- Jesus said: "I have come that they may have life, and have it to the full." (John 10:10)

总结：从所罗门到耶稣

Conclusion: From Solomon to Jesus

- **所罗门**说："离开神就没有真正的喜乐"
- Solomon said: "Without God, there is no true joy."
- **耶稣**说："你们要常在我里面，我也常在你们里面.....叫你们的喜乐可以满足"（约15:4， 11）
- Jesus said: "Remain in me, as I also remain in you... so that your joy may be complete." (John 15:4, 11)

总结：从所罗门到耶稣

Conclusion: From Solomon to Jesus

- **所罗门**说："死亡使一切归于徒然"
- Solomon said: "Death makes everything futile."
- **耶稣**说："复活在我，生命也在我;信我的人，虽然死了，也必复活"（约11:25）
- Jesus said: "I am the resurrection and the life. The one who believes in me will live, even though they die." (John 11:25)

总结：从所罗门到耶稣

Conclusion: From Solomon to Jesus

- 所罗门看见人生尽头的虚空，耶稣开启永恒国度的盼望。
- Solomon saw the meaninglessness at the end of life; Jesus opens the hope of an eternal kingdom.
- 在耶稣里面，一切虚空都得以翻转，一切劳苦都不再徒然。
- In Jesus, all meaninglessness is reversed, all toil is no longer in vain.

从"日光之下"到"神的手中"

From "Under the Sun" to "In God's Hand"



自我反思 Self-reflection

传道书 Ecclesiastes 2:1-26

1. 在你的日常生活中，哪些经历让你体会过所罗门所说的"虚空"感？这些经历如何引导你转向神？
2. 传道书2:24说吃喝劳碌中享福是"出于神的手"。请分享一个具体方法，帮助你在平凡日常中（如工作、家务、学习）更多地体会这是神的恩赐而非虚空。
3. 信息中提到从"追求快乐"到"领受喜乐"的转变。你认为自己在属灵旅程中正处于哪个阶段？下一步可以如何操练"从神手中领受"而非"靠自己追求"？

1. In your daily life, what experiences have made you feel the "meaninglessness" Solomon described? How did these experiences lead you to turn to God?
2. Ecclesiastes 2:24 says that finding satisfaction in eating, drinking, and toil is "from the hand of God." Please share one practical way to help you experience these ordinary activities (like work, chores, study) more as God's gifts rather than meaninglessness.
3. The message mentioned shifting from "pursuing happiness" to "receiving joy." Where do you see yourself in this spiritual journey? What is one practical step you can take to practice "receiving from God's hand" rather than "striving by your own efforts"?